

• MARCH 15, 2020 •

“The Lord’s Sure Care for His Own”

Psalm 121

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1. The LORD is our only help and hope. (Psalm 121:1-2)

2. For joy in all situations, the contemplation of God's character is the essential ingredient. (Psalm 121:2b-8)

Table Talk

- 1) Jerusalem had some natural protections that made it difficult to conquer. What are some natural protections do you see around you? (v. 1)
- 2) Why does the Psalmist not trust in those natural protections? Where is the Psalmist's trust? What is it about the LORD that should cause us to trust Him more than natural protections? How does verse 2 describe the greatness of God?
- 3) What is the essential ingredient for joy in all situations? (vv. 2-8) How are you experiencing that right now? What are some ways that this may be lacking?
- 4) How do verses 3-4 describe the goodness of God? What does it mean that He will not let our foot slip? Does this mean that believers won't have bad things happen to them? What does it mean that God never sleeps? How is that a comfort?
- 5) In what ways does God protect our lives? Do verses 5-7 mean that believers are protected from ever dying? If not, does this seem to be a hollow promise? What are we to understand here? (vv. 5-7)
- 6) What does "going out and coming in" mean? (v. 8) What is the significance of the word, "keep" in verses 3,4,5,7(2x), and 8? How are we blessed, comforted, and freed from worry by God being our Keeper now and forever?