

• **JANUARY 7, 2018** •

He Suffered in the Flesh
—So What?

1 Peter 4:1-6

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1. Christ's thinking in suffering is the path to our victory. (1 Peter 4:1-2)

2. Why not live for what feels good? (1 Peter 4:3-5)

3. How does the Gospel free us from our own desires? (1 Peter 4:6)

Table Talk

- 1) How did Jesus think about His suffering? How is that different from the way that we are tempted to think about it?
- 2) How are you tempted to live for what feels good? (Hint: don't just think about the sin list in v. 3. Think more broadly about how you aim to please yourself.)
- 3) How does this world think about living for what feels good? (vv. 3-4)
- 4) What is God's promise about living for our own pleasure? (v. 5)
- 5) What does the Gospel do in us to free us from our own desires? (v. 6)